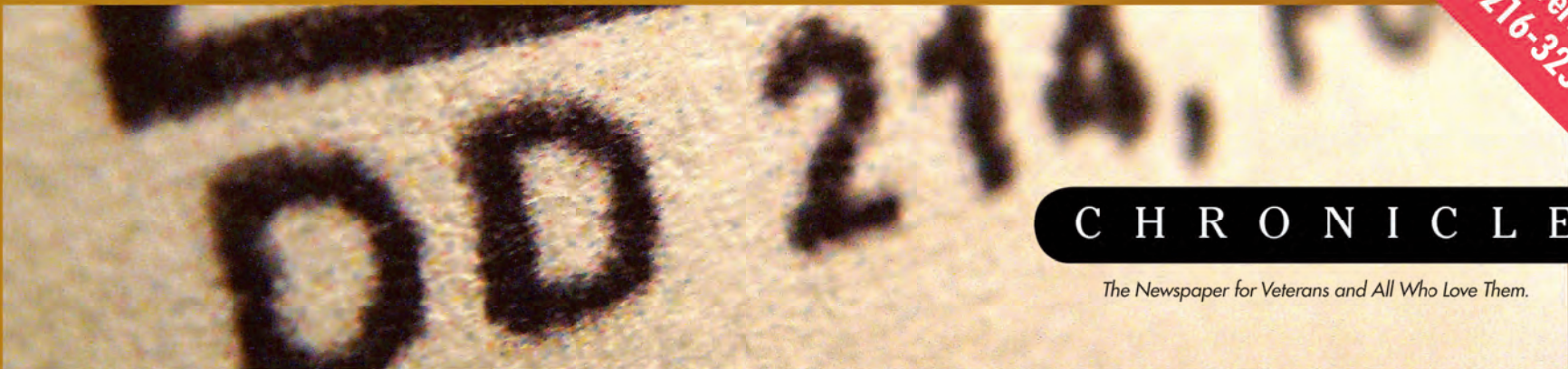


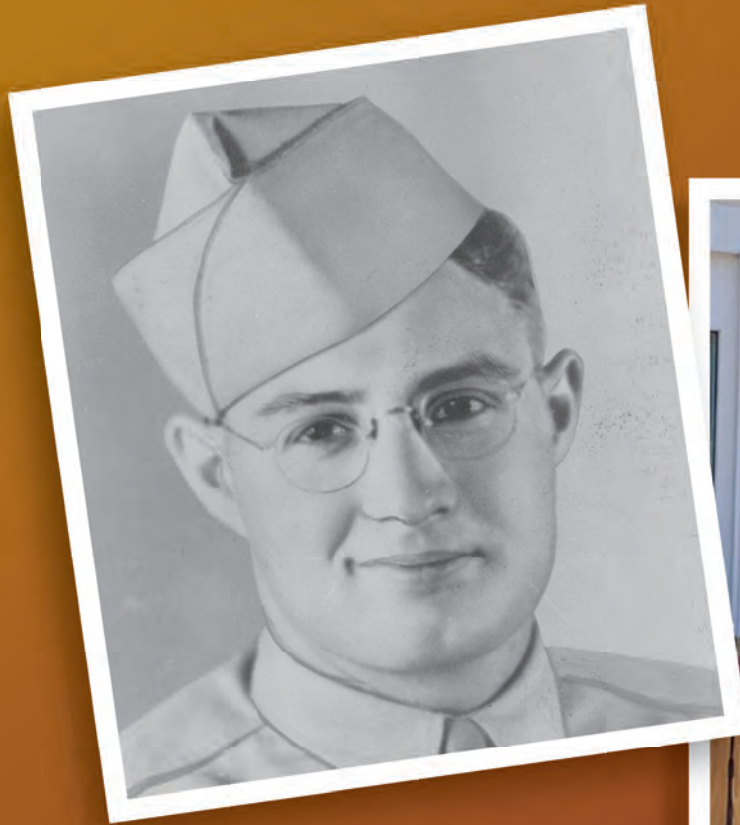
To advertise,  
call Don 216-323-4699



# CHRONICLE

The Newspaper for Veterans and All Who Love Them.

SEPTEMBER/OCTOBER 2022



Medal of Honor Winner  
Howard Woodford

*See page 14*

# ATTENTION

## Veterans & Dependents of Veterans You May Be Eligible For ASSISTANCE with...

- VA Claims
- Disability/Widow Pensions
- Military Records
- Memorial Affairs
- Rent/Mortgage
- Utility Bills
- Food
- Clothing and Hygiene
- VA Medical Transportation
- ID cards



**CUYAHOGA COUNTY  
VETERANS SERVICE COMMISSION**

1849 Prospect Ave., Ste 150 | Cleveland, OH 44115

**CALL TOLL FREE: 1-866-915-VETS (8387)**

Veterans Helping Veterans Since 1886

[www.CuyahogaVets.org](http://www.CuyahogaVets.org)



## STAND AT EASE *By Don Stark, Publisher / Sales Manager*

I am reminded frequently of how necessary it is to support the many Veterans and interested businesses helping us. We at the DD214 Chronicle have recently gone thru a very tough few months with the loss of our co-founder/long time publisher, John Tidyman in March, and our art director, Matt Kuhns in July. These losses required our staff and advertisers to understand the stresses our small business had to deal with, and I am so very proud of the positive responses from all concerned. Thanks to everyone associated with our newspaper!



A few times a year I make sure that we do a printed thank-you to our advertisers. Even during times that they are not part of a DD214 issue, they are a big part of our success, and we want them to know that we care. We also want our readers to know that supporting our ad partners is important to the life blood of the DD214 Chronicle, our advertisers, and our Veterans and All Who Love Them! Please make every effort to support our Veterans and advertisers!

*Thank-You!*  
Donald C. Stark, publisher

### *These businesses are very important to all of us!*

CUYAHOGA COUNTY VETERANS SERVICE COMMISSION  
STARK LANDSCAPING AND SNOW REMOVAL  
CLOUGH CLEVELAND IDEAENGINEERING  
BUNKER HILL GOLF COURSE AND EVENT CENTER  
OHIO VETERANS MEMORIAL PARK  
COAST GUARD EXCHANGE  
GRUMPY'S CAFÉ  
PURITAS NURSERY  
STARK PAINTING COMPANY  
KENT STATE UNIVERSITY VETERAN CAREER INITIATIVE  
PAL/TOUR OF GOOD CHEER  
THE ANDY NOWACKI FOUNDATION, INC.  
JKM INSURANCE GROUP  
HOSPICE OF THE WESTERN RESERVE  
WEST END TAVERN  
BRAVO COMPANY  
ONLY IN CLEV  
BALDWIN WALLACE UNIVERSITY  
ELMWOOD HOME BAKERY  
LEGALWORKS  
COMMUNITY SERVICE ALLIANCE  
VERSA-FLEX, INC.  
LIGHTHOUSE WEALTH SOLUTIONS LLC  
MCGORRAY-HANNA FUNERAL HOMES  
WESTPARK DENTAL  
THE BREWER - GARRETT COMPANY  
LORAIN COUNTY COMMUNITY COLLEGE  
KELLER WILLIAMS GREATER CLEVELAND NORTHEAST  
CLEVELAND POLICE FOUNDATION  
NORTHEAST OHIO FOUNDATION FOR PATRIOTISM  
BECAUSE I SAID I WOULD

MEDINA COUNTY VETERANS SERVICE OFFICE  
DOMINION ENERGY  
CUYAHOGA COMMUNITY COLLEGE  
OTTAWA COUNTY VETERANS  
COMMUNITY WEST FOUNDATION  
STARK STATE COLLEGE  
P.A.L.S. FOR HEALING  
MCMANAMON INSURANCE  
LILLIE & HOLDERMAN  
HEALTH MARKETS  
OHMAN FAMILY LIVING AT BRIAR  
THE LCADA WAY  
SKETTLE AUTOMOTIVE  
DAVE GREENSPAN  
GT BROS. AUTOMOTIVE  
STEVENS STRATEGIC  
ST. AUGUSTINE HEALTH CAMPUS  
ROSS DIBELLO  
ARROW INTERNATIONAL  
INSIGHT CLINICAL TRIALS  
FAMILY AND COMMUNITY SERVICES  
HOWARD HANNA/CHRIS PARSONS  
FRANCIS PAYNE BOLTON SCHOOL OF NURSING CASE WESTERN  
UNIVERSITY  
SUMMIT RACING EQUIPMENT I-X  
PISTON POWERED AUTO-RAMA  
VETERANS TREATMENT COURT  
PLUMBING TECH  
MAPS AIR MUSEUM  
FREEDOM WALKS  
CAFFE ROMA

*The Chronicle would not exist without its advertisers! Please make the effort to patronize them!*

Today's technological complexities in publishing a newspaper were evident in the July/August 2022 issue of the DD214 Chronicle. The "How Did You Find Out" article on pp 9-10 included three photos, but only one made it into print—that was Dennis Duch, if you didn't recognize him from 57 years ago. Interspersed in the text, seeming misplaced—George, 1965 and Terry, 1965 and Dennis, 1965—are the captions under the headshots. So, here are the photos of three best friends from high school.



George



Terry



Dennis

### DD214 CHRONICLE ADVISORY BOARD

Dick Clough, U.S. Army  
CloughCleveland  
IDEAENGINEERING

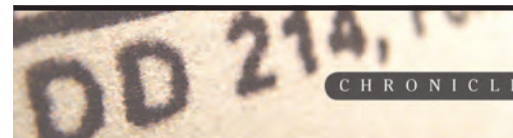
Richard DeChant USCG  
Northeast Ohio Foundation For Patriotism

Ms. Mary Reynolds Powell  
Army Nurse Corps  
Author of *A World of Hurt:  
Between Innocence and  
Arrogance in Vietnam*

William Grulich,  
Werner G Smith Inc

William Royer,  
U.S. Army, Brewer-Garrett

Joseph Wilgus USMC  
Mortgage Manager



VOLUME 12 NUMBER 5

*The Newspaper for Veterans  
and All Who Love Them.*

**PUBLISHERS EMERITUS**  
Terence J. Uhl  
John H. Tidyman

**PUBLISHER / SALES MANAGER**  
Donald C. Stark  
(216) 323-4699  
donaldstark408@ymail.com

**ART DIRECTOR**  
K.A. Szomoru Graphics

#### WRITING STAFF

Jerri Donohue  
Brian Albrecht  
Chris Johnston  
Barbara Smith

**BOOK EDITOR**  
Nancy Peacock

**HISTORY EDITOR**  
J.C. Sullivan

**For subscriptions**  
2 year (12 issues) \$35.00  
Lifetime \$85.00

P.O.Box 110242, Cleveland, Ohio 44111

#### Editorial Statement

DD214 Chronicle is committed to its readers: Veterans of every generation and all who love them. The printed newspaper is delivered across northern Ohio without charge to more than 600 plus locations: libraries, colleges and universities that welcome veteran students, VFW and American Legion posts, city halls, Veteran Administration offices and health care facilities, organizations in support of veterans, advertisers, political offices, and Veteran Service Commissions. DD214 Chronicle also maintains dd214chronicle.com and DD214 Chronicle/Facebook.

**The Chronicle would not exist without its advertisers.  
Make the effort to patronize them.**

Donald C. Stark, publisher  
United States Marine Corps  
H&MS-13 MAG-13 S-2  
(216) 323-4699

# • Vet-2-Vet Classifieds •

"THIS CLASSIFIED AND EVENT HALF PAGE HAS BEEN ADDED, PARTICULARLY FOR VETERAN UNITS, VFW's, AMERICAN LEGIONS, DAV's etc. TO ADVERTISE GET-TOGETHERS, FUND RAISERS, BBQ's AND THE LIKE FOR YOUR ADVERTISING NEEDS. PLEASE JOIN IN WITH US!

Five bucks per line of copy with free bolding and color. Contact (216) 323-4699 or donaldstark408@gmail.com

## American Legion Event

Mark your calendars for Saturday, Aug. 13, from 1 - 4 pm, for a BBQ and Banquet at the American Legion Post 703. Proceeds to benefit Greater Cleveland Fisher House. For more information, contact John Hohne at (440) 885-1865. Additional details will be posted soon on [www.GreaterClevelandFisherHouse.org](http://www.GreaterClevelandFisherHouse.org).

## Painting

Stark Painting Company  
(216) 258-5225

## Business Service

### Clough Cleveland Consulting

IdeaEngineering  
StrategicDialogue  
WordWorks  
MarketingSolutions  
*A Veteran-owned Business Resource*  
**Contact Dick Clough**  
[cloughcleveland@gmail.com](mailto:cloughcleveland@gmail.com)  
**216.226.9040**

## Military Memorabilia Wanted

NOT an antique dealer but a preserver of memorabilia and am searching for arti-facts vets saved during their tour of duty. Willing to negotiate a good price and learn and share the back stories that come with the pieces.  
**Please call Joe**  
**(440) 669-0978**

## Marketing Services

**CloughCleveland**  
**IDEA ENGINEERING**  
Veteran Owned  
Business Resource  
**Contact**  
Dick Clough  
[cloughcleveland@gmail.com](mailto:cloughcleveland@gmail.com)

## Veteran Tribute

Cleveland Police Foundation has established a special fund to honor Bill Denihan the long-time government administrator, community activist, and veteran who passed on in June. Bill was an avid painter in retirement and donated many of his artistic creations of Cleveland scenes to raise money for charity. Please consider donating to the "Denihan Community Art Fund" to help underwrite local veteran artists. Thank you.

Details:

[www.clevelandpolicefoundation.org](http://www.clevelandpolicefoundation.org)

## Part-time Help Wanted

Forever Amber Acres provides equine assisted psychotherapy & equine assisted learning for clients (individual/group) dealing with trauma, addiction, PTS and other related disorders (teens, adults, veterans) in a team approach; we are Eagala certified. We provide the equine specialist, the horses and a beautiful, peaceful facility located in Medina, Ohio, and provide credentialing for the right candidate.

Seeking a part time, fully licensed LISW, LPCC, or LMFT to join our treatment team. Candidate should be a strong, creative therapist to join our team and help change lives as we help heroes heal, here as Humans and Horses heal together. Flexible schedule. Competitive wages.

Please send resume to [Foreveramberacres@gmail.com](mailto:Foreveramberacres@gmail.com)

## Collectibles For Sale

**Two liter "Stiefel"**  
(German Glass Beer Boot)  
13 inches high.  
Holds two quarts \$10

**Half-Yard of Beer**  
18-inch-tall bulb shaped base, long tulip shaped neck, beer glass w/wood stand \$20

**Foot Locker (Used)**  
Plywood construction, removable top tray \$15  
Call 440-238-2142  
(Pictures available)

## Help Wanted - Lab Assistant

Werner G. Smith, Inc., Cleveland-Flats, seeks a full-time Lab Assistant starting \$15/hour with health benefits, vacation and sick time.

**Duties:** prepare lab equipment for experiments; report data and compile information; maintain lab equipment; prepare Certificate of Analysis (COA); maintain sample library.

**Qualifications:** Excellent attention to detail, and verbal/written communication skills. Experience working with lab equipment; Research, analysis, mathematic and measurement skills. Knowledge of computer research and analysis programs. Good teamwork skills, and ability to maintain detailed records. High School Diploma or GED.

Please transmit resume to:  
[jbugbee@werner-smithinc.com](mailto:jbugbee@werner-smithinc.com)  
Vice President of Operations  
Werner G. Smith, Inc.  
1730 Train Avenue,  
Cleveland 44113

**NO PHONE CALLS PLEASE**

## Landscaping

Stark Landscaping & Snow Removal  
(216) 978-1293



**PEACEFUL AND PROUD**

HONORING ALL WHO SERVED

**Join us for a free Virtual Veterans' Café**

**Thursday, October 20, 2 p.m.**

Learn how volunteers are serving fellow veterans through our Peaceful & Proud program. Connect and share stories with other veterans via your cell phone, iPad or laptop. We'll get you connected.

**To register:** Email Nate Gradisher at [ngradisher@hospicewr.org](mailto:ngradisher@hospicewr.org) or visit [hospicewr.org/VetCafe](http://hospicewr.org/VetCafe) for upcoming dates

Your Family. Our Purpose. **Together.**



HOSPICE OF THE WESTERN RESERVE

800.707.8922 | [hospicewr.org](http://hospicewr.org)



# Is it Time to Recognize Peace Activists Like We Recognize Military Veterans?

By *Louis H. Pumphrey*

It's a pretty safe bet that the huge majority—I like to think 100% of war veterans have an infinite, profound respect and love for peace, in marked contrast to what they experienced in war zones.

By the same token, it probably is a very safe bet that a significant majority of readers of the DD214 Chronicle have never heard of the U.S. Peace Foundation nor its U. S. Peace Prize it has awarded annually for several years to individuals and organizations.

Michael D. Knox, Ph.D. who lives in Florida and is a retired distinguished professor emeritus of psychology at the University of South Florida, is the Chair & Founder of the US Peace Memorial Foundation. He had this to say on the foundation's website about his organization's raison d'être: "We recognize thoughtful and courageous Americans and U.S. organizations that have taken a public stand against one or more U.S. wars or have devoted their time, energy, and other resources to finding peaceful solutions to international conflicts. We celebrate these role models to inspire other Americans to speak out against war and work for peace.

"Most monuments in our nation's capital commemorate war. While soldiers are told that it is honorable to fight and die for their country, peace activists are often labeled 'un-American,' 'anti-military,' and 'unpatriotic.' This mentality has resulted in a country that recognizes contributions to war but does not honor those who make valiant efforts and sacrifices to end war and maintain global peace."

Julie Rose, who hosts "Top of Mind," on BYU Radio, a talk radio station operated by Brigham Young University in Provo, Utah, interviewed Knox last year about

his objective to have a U.S. Peace Memorial built on the national mall in Washington D.C.

In their conversation he noted his vision for the Peace Memorial Monument would have quotations from famous Americans who at one time or another in their life made pro-peace comments, such as anthropologist Margaret Mead and philosopher, essayist and abolitionist Ralph Waldo Emerson.

Knox cited this observation from President John F. Kennedy: "War will exist until that distant day when the conscientious objector enjoys the same respect and prestige as the warrior does today."

Rose noted the irony of the JFK quote when he was pursuing war in Vietnam and Knox said that JFK would not be honored with the names of peace activists listed on the monument, but Knox hoped that the late president's quote and other anti-war quotes from famous people would inspire others who admired them and make it "socially acceptable to speak out against war." Knox emphasized activities in opposition to war would always be non-violent.

Knox also cited this comment from Albert Einstein: "I believe that the killing of human beings in a war is no better than common murder." Knox noted that since the end of World War II the U.S. has bombed no less than 30 countries, killed millions of people and maimed tens of millions more. He said our wars in distant lands "disrupted education, health care, housing, businesses, infrastructure and the environment."

Knox said most Americans "cannot think of a good reason" for our invasions of other countries and people in those countries pose "no threat to us, our country or our way of life, yet that is what our government tells to us.

"When you think of all our wars, it might be time to honor those who oppose war."

Knox told Rose that our priority should be to promote a "culture of peace" rather than a "culture of war." When she asked Knox to explain what he meant by a "culture of war" he cited this as an example: National Football League teams have been paid millions of taxpayer dollars to promote militarism during games, such as flyovers by military planes. Knox revealed the Boston Patriots were paid \$1 million in one year for militaristic activities and that similar events trickle down to colleges and high schools. "so that people will think it is acceptable to go to war."

Rose asked Knox if it would ever be acceptable to wage war in defense of an ally and Knox said that the U.S. should be selective and not do so without first obtaining endorsement by the United Nations.

Rose mentioned the terrorist attacks on 9/11 that led to U.S. invasions of Afghanistan and Iraq and Knox noted 17 of the 19 terrorists were from Saudi Arabia (the remaining two were from Yemen).

Knox made it clear his proposed Peace Memorial would not be a monument just for pacifists, since some peace activists may believe a certain war was justified. but nevertheless, have made anti-war statements.

For example, the U.S. Peace Foundation awarded one of its annual peace prizes to Veterans for Peace, which supports war only "as a last resort."

Visit [uspeacememorial.org](http://uspeacememorial.org)  
Consider joining the Peace Memorial Foundation as a Founding Member. The organization would add your name to its list of more than 450 visionary leaders and they would be permanently associated with the US Peace Memorial [www.USPeaceMemorial.org/Donors.htm](http://www.USPeaceMemorial.org/Donors.htm).

A drafted U.S Army Vietnam veteran, Pumphrey served with the First Infantry Division as a reporter, then editor of the "Big Red One" newspaper. Among his six military decorations are Bronze Star and Army Commendation medals. He lives in Shaker Heights and is a member of Veterans for Peace.

# What Happens During a Memory Screening?

**M**emory screenings at Insight Clinical Trials are free, confidential, and administered by either our Board-Certified Neurologist or our Certified Dementia Consultant. The participant is not required to bring in any medical records.

The screening is simple, safe and takes approximately a half hour. The participant is asked a series of questions and/or tasks that take a very short time to complete. The cognitive tests are conducted to determine if a more comprehensive medical evaluation is needed. It is NOT used to diagnose any illness and it does

NOT replace a consultation with a physician.

After the screening is complete, participants are given a customized memory packet of information that is designed specifically to answer any questions or concerns that arise during the assessment.

## Why are memory screenings important?

A memory screening is the most important step a person can take to discover if they have a memory problem. Some memory problems that are caused by vitamin deficiencies, thyroid issues or depression can be readily treated. Other memory problems might result from causes that

are not currently reversible, such as Alzheimer's disease. In general, the earlier the diagnosis, the easier it is to treat one of these conditions.

If mild cognitive impairment is detected early enough, it could afford a person the opportunity to seek treatments that may slow the memory changes or participate in a clinical trial. It could also allow them the opportunity to take a more active role in developing their health, legal and financial plans.

To schedule your free memory screening, please call 216-526-1843 or complete our online form: [insightclinicaltrials.com/contact](http://insightclinicaltrials.com/contact)

Discover if your memory loss is normal aging.  
Schedule a free, confidential memory assessment in  
Beachwood today at 216-526-1843.



INSIGHT  
CLINICAL TRIALS

[insightclinicaltrials.com](http://insightclinicaltrials.com)



## It's your future. Get started now!

### Veterans-LCCC is here for you!

We are proud to offer services for all veterans, guardsmen, reservists and their families. When it's time to transition out of your military career let LCCC's Veterans Service Center help you prepare for your future.

LCCC's Veterans Service Center is a one-stop shop where you can:

- Learn how to maximize your veteran's benefits
- Learn about other scholarships available
- Talk with a Veterans Certifying Official
- Meet with a Counselor
- Explore all that LCCC has to offer

Call the LCCC Veterans Service Center at 440-366-7378 or visit [lorainccc.edu/veterans](http://lorainccc.edu/veterans)



 **Lorain County  
Community College**

# The Words of War Define a Generation

By Brian Albrecht

Words define war. They speak of battles and hardships, victories and losses. They also paint an image of the times of war, through the words that become a new part of our vocabulary, lifestyles, beliefs and sometimes survival. The era of the war in Vietnam is no exception.

The veterans who fought there had their own lexicon based on personal experience, which they learned the hard way and wore like a sweat-stained uniform. There were also political speakers and popular slogans, emergent personalities and names forever linked with that conflict. Some Vietnam-era words endured. Others have been lost, preserved only in history books and the memories of those who lived through those times.

Author Gregory R. Clark compiled an exhaustive roster of war lingo, “*Words of the Vietnam War*” (1990 McFarland & Co., Inc.), drawn from the American involvement in that conflict from 1961 to 1975. In his book, Clark listed more than 4,300 definitions covering persons, places, events, slang, weapons, units, equipment, euphemisms, foreign words, military operations, installations and more. The author said in the book that his goal was to provide a reference for educators, historians, the 3 million Americans who served in Vietnam and sadly, as per his dedication, “to those who lost more in Vietnam than just their sleep and their innocence . . .”

So in that spirit, we offer a quiz of sorts, testing your knowledge of a random sampling of Vietnam war words, from A to Z. Give yourself a point for each correct answer.

If you have any words from your own military memories or experience, feel free to send them (with matching definition) to [brianalbrecht889@yahoo.com](mailto:brianalbrecht889@yahoo.com).

1. **AC-47** (*Puff the Magic Dragon*)
  - A. A 1963 song by Peter, Paul and Mary.
  - B. A C-47 aircraft modified as a gunship with three Gatling guns.
  - C. Transport for John Wayne in the 1968 movie “The Green Berets.”
  - D. A and B

2. **Beef and Rocks**
  - A. C-ration of beef and usually hard, unsavory potatoes
  - B. Water buffalo droppings
  - C. Popular Saigon drink of Beefeater gin on ice

3. **Cooking-off**
  - A. A barbecue in the field
  - B. Hitting a “hot” target
  - C. Ammo exploding due to heat from a fire

4. **Donut Dollies**
  - A. Prostitutes with glazed treats
  - B. American Red Cross women who assisted in hospitals and other areas
  - C. Wheeled breakfast transports



What was the nickname given this transport and rescue helicopter? (US Air Force photo)



What group sponsored shows to entertain the troops in Vietnam? (National Archives and Records Administration photo)

5. **Ellsberg, Daniel**
  - A. American political activist and former military analyst who sparked a national controversy in 1971 when he gave the media a secret study (the Pentagon Papers) of the U.S. involvement in Vietnam
  - B. Early bass player for the Rolling Stones
  - C. Dubbed John Wayne dialogue for the 1968 movie “The Green Berets”

6. **Free-fire zone**
  - A. Gratis incendiary goods available here
  - B. Area where no clearance is required to fire on any targets
  - C. Area where a weapon could be safely cleared by firing several rounds

7. **Gun tub**
  - A. Where you wash your weapons
  - B. Heavily armed helicopter
  - C. Nickname for the bow turret of Navy patrol boats

8. **Hooch**
  - A. Home-brewed booze
  - B. GI term for a Vietnamese hut, bunker or makeshift shelter
  - C. Soft hat worn in the boonies
  - D. A and B

9. **Indian country**
  - A. Area of hostile tribes and natural monuments
  - B. The mean streets of Saigon
  - C. An exceptionally dangerous area of combat

10. **Jolly Green Giant**
  - A. Big guy with frozen veggies, ho-ho-ho.
  - B. Sikorsky CH-3 transport and rescue helicopter
  - C. An oversized marijuana joint



What was the name of the operation that sprayed aerial defoliants over South Vietnam to deprive the enemy of cover? (US Air Force photo)

11. **Khe Sanh quick step**
  - A. Marine term for frantic bunker-to-bunker dashes under enemy shelling at Khe Sanh combat base
  - B. The runs resulting from spicy Khe Sanh noodles
  - C. A popular dance at Vietnamese parties and nightclubs

12. **Lock and load**
  - A. Securing and shipping ammo
  - B. A popular DIY brew of vodka and torpedo propellant
  - C. Cocking and chambering a round to ready a weapon



What was the process of airlifting wounded from the battlefield called? (US Army photo)

13. **Medevac**
  - A. Hospital vacuum cleaners
  - B. Medical evacuation by helicopter
  - C. When doctors go on vacation

14. **Nuoc Mam**
  1. Vietnamese hat made from rotten bamboo shoots
  2. Vietnamese wine made from rotten rice
  3. Concentrated Vietnamese sauce/paste made from rotten fish

15. **Operation Ranch Hand**
  - A. Airlifts of water buffalos to remote fire bases
  - B. Aerial operations that sprayed defoliants (including Agent Orange)
  - C. Branding livestock suspected of being Viet Cong sympathizers

Continued on page 8...

Continued from page 7

**16. P-38**

- A. GI field can-opener for C-rations
- B. A semi-automatic pistol used by the North Vietnamese
- C. Field sanitizer/insecticide packet

**17. Quonset hut**

- A. Brother of Jabba
- B. A metal storage building dating back to World War II
- C. Rural Vietnamese meeting-house



An ammo dump explodes at the Khe Sanh combat base as a result of enemy shelling that inspired what name for bunker-to-bunker dashes?

**18. Raye, Martha**

- A. Singer and comic wounded twice while visiting troops in Vietnam
- B. Poster-girl for Army recruitment
- C. Nickname given military life-vest

**19. Sadler, Barry**

- A. First missing child pictured on a milk carton
- B. Former Army sergeant who penned "The Ballad of the Green Berets"
- C. Stunt double for John Wayne in "The Green Berets"



What were GIs who hunted the enemy in underground tunnels called? (National Archives and Records Administration photo)

**20. Tunnel rats**

- A. GIs who hunted the enemy in underground tunnel systems
- B. Rats that tunneled into emplacements wearing tiny satchel charges
- C. Informants who divulged secrets in underground passageways



What was the name of this vital piece of military equipment?

**21. USO**

- A. OK, this is an acronym, not a word. And not even Vietnam-centric. But the United Service Organizations has supported GIs at home and abroad since 1941, and deserves a salute. Give yourself a point. You'll feel better.

**22. Vietnamization**

- A. Term applied to U.S. shifting more combat responsibilities in 1969 to South Vietnamese military
- B. Mixing C-rations with Nuac Mam
- C. Illness characterized by lethargy, frustration and a tendency to repeat mistakes

**23. We gotta get out of this place**

- A. Official title of 1973 Paris Peace Accords
- B. 1965 song by The Animals popular among GIs as the war wore on
- C. Famous line by John Wayne in both "The Green Berets" and "The Alamo"

**24. Xenon light**

- A. Super high-intensity spotlight affixed to tanks, helicopters and boats
- B. Mood-enhancement for psychedelic parties
- C. Used to check for counterfeit piasters (Vietnamese currency)

**25. Yippie**

- A. Sentiment expressed by home-bound GIs
- B. Hippie wannabe
- C. Anti-war "political" party founded in 1968

**26. Zippo**

- A. Another term for "nothing," "nada" etc.
- B. Ubiquitous lighter used in Vietnam for firing-up cigarettes, hooches or whatever
- C. Popular TV clown/newscaster



To "pop smoke" meant setting off a smoke grenade. (US Air Force photo)

Answers: 1-D, 2-A, 3-C, 4-B, 5-A, 6-B, 7-C, 8-D, 9-C, 10-B, 11-A, 12-C, 13-B, 14-C, 15-B, 16-A, 17-B, 18-A, 19-B, 20-A, 21-A, 22-A, 23-B, 24-A, 25-C, 26-B



# PLUMBING TECH

## Commercial & Residential Plumbing Services



**VETERAN & SENIOR DISCOUNT**



Kyle Kaczmarek

216-337-2434 • License # 48939

We are hiring!




Veteran Owned & Operated





# Tri-C<sup>®</sup> is here for you.

Thousands of service members have started their futures at Tri-C – and so can you.

Tri-C's Veteran and Military Connected Services team is ready to assist you and your family with:

- The enrollment process and registering for classes
- Accessing your military educational benefits, including GI Bill<sup>®</sup> and National Guard and Reserve education benefits
- Coordinating the review of your military training records for possible award of college credits
- Connection to veteran and military family resources

**Fall classes start Aug. 29.**

Visit [www.tri-c.edu/veterans](http://www.tri-c.edu/veterans) or call 216-987-4529 for more information.

Online, hybrid and in-person classes



# Odysseus in America: What This Country Owes Its Veterans

By Nancy Peacock

A book published 20 years ago uses the wisdom of ancient Greece to better understand the struggle of veterans suffering from severe, chronic post-traumatic stress disorder.

*Odysseus in America: Combat Trauma and the Trials of Homecoming* (Scribner, 2002) by psychiatrist Jonathan Shay, M.D., Ph.D., takes an insightful approach to the complexities of psychological injury. He uses the tales of Homer's hero Odysseus to explain the timeless trauma and consequences of combat. Max Cleland and John McCain – both Vietnam War heroes and United States Senators -- share their reflections in the opening pages of the book.

"Those of us who have witnessed, taken part in, and suffered the tragedies of war know that the ancient Greek epics offer compelling insights into our own experiences," wrote Cleland and McCain.

Shay draws parallels between Odysseus' struggles with what modern day soldiers experience when they return from the ravages of war to a safe civilian society. As one veteran described his life following military service, "I wish I had been untrained afterward ---reintegrated and included. My regret is wasting the whole of my productive adult life as a lone wolf."

As one combat medic described it, "many of us aren't home yet." Shay offers a strategy for combatting PTSD that includes three specific goals: 1) creating and protecting trust for positive qualities of community in every military unit, 2) competent, progressive, realistic training, and 3) ethical and properly supported leadership.

"If we achieve such results within our military," Cleland and McCain

wrote, "we will prevent not only psychological injury, but physical casualties as well, because these three fundamentals are also *combat strength multipliers*."

The first section of the book identifies the problems of combat veterans returning to civilian society. Shay describes simple combat PTSD as the persistence into civilian life of valid survival adaptations to combat.

"Both hyperarousal and numbing may persist into civilian life, paradoxically coexisting as constantly inflamed anger, but numbing of everything else," Shay said. "Or they may alternate with one another, giving the veteran a history of 'cycling' between overexcitement and numb withdrawal."

For example, a valid survival adaptation is a veteran's inability to relax because "there is no safe place." Sitting in an open meadow for a picnic or living too close to a wooded area could feel like equally dangerous exposures.

"Continuous mental and physiological mobilization for attack is the result of having learned too well how to survive in combat," said Shay. "When left unexplained, it becomes a burdensome and debilitating disability in life."

The second part of the book explains complex PTSD, which is simple PTSD coupled with the destruction of social trust.

"When injury invades character, and the capacity for social trust is destroyed, all possibility of a flourishing human life is lost," Shay said. "When social trust is destroyed, it

is not replaced by a vacuum, but rather by a perpetual mobilization to fend off attack, humiliation, or exploitation, and to figure out other people's trickery."

In older civilizations, returning soldiers had purification rituals that effectively brought them back into their communities.

"The ancient Athenians had a distinctive therapy of purification, healing and reintegration that was undertaken by the whole political community," Shay said. "Sacred theater was one of its primary means of reintegrating the returning veteran into the social sphere as 'citizen.'"



Jonathan Shay, M.D., Ph.D.

The medieval Christian church had its own communal rites of purification. Every soldier who shed blood had to do penance and those who committed atrocities had to do more penance. The Hebrew Bible describes purifications in Numbers 31:19ff. In contrast, Shay describes the demoralizing way in which too many veterans have been reintroduced into their communities.

"One of my patients, a Vietnam vet, was greeted by his father, who was torpedoed in the World War II Merchant Marine, with a \$50 bill on his return from Vietnam and the words, 'Here, Get drunk. Get laid. And I want you at the union hall on Monday morning.' That is not purification after battle."

In the third part of the book, Shay calls for the prevention of psychological and moral injury.

"Try to imagine going to war with

strangers at your side!" Shay said. "Do they know what they are doing? Can you trust them? Will they care what happens to you?"

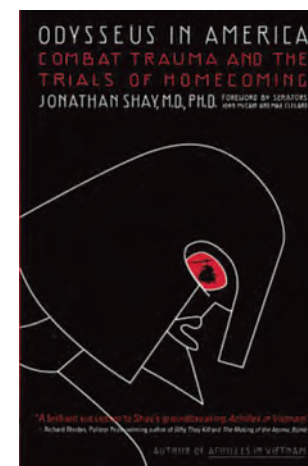
Keeping soldiers together as units through training, into combat and home again is a critical factor in preventing psychological and moral injury. Yet the modern military persists in rotating individual soldiers into war zones and back home again with predictably catastrophic results.

"There is no necessary connection between the fighting strength conferred by an abundance of powerful weapons and the fighting strength conferred by human factors of cohesion, leadership and training," said Shay.


Soldiers who train and travel to the war zone together gain an advantage that "keeps people physically alive and mentally sane when faced with a human enemy who is really trying to kill them," said Shay. "The malignity of the armed human enemy is not a psychological figment."

Shay's frustration is that the military has not embraced the lessons of leadership, training and cohesion that support those soldiers whose lives and futures hang in the balance.

"I have learned that the very same measures that prevent injury are also combat strength multipliers," Shay said. "So why aren't we doing them?"



WITH  
**PTSD,**  
YOU CARRY  
YOUR TRAUMA  
EVERYWHERE.

An illustration of a person in a red and orange shirt and dark pants, bent over and carrying a large, heavy, blue, 3D-textured block on their back. The block is the text 'WITH PTSD, YOU CARRY YOUR TRAUMA EVERYWHERE.' The person is walking to the right, and the block is tilted slightly forward, suggesting it is heavy and difficult to carry.

Learn more about a clinical research study of an investigational drug  
for adults with **Post-Traumatic Stress Disorder (PTSD)**.

To pre-qualify for this study, you must:

- Be 18 to 65 years of age
- Have been diagnosed with PTSD
- Have experienced the traumatic event at least 3 months before beginning the study.

Additional criteria may apply. All study-related visits, tests, and drugs will be provided at no cost. In addition, reimbursement for study-related travel may be provided.

For more information, you may visit  
[www.insightclinicaltrials.com](http://www.insightclinicaltrials.com)

Contact  
**Insight Clinical Trials**  
**216-526-1843**

# VETERANS + STUDENTS



Baldwin Wallace does not discriminate on the basis of race, creed, age, disability, national origin, gender or sexual orientation in the administration of any policies or programs.

Are you ready to continue your education?

**BW offers a great adult learning community and all the resources of one of "America's Best Colleges."**

- Choose from programs for bachelor degree completion, accelerated BSN, Physician Assistant, MBA, or MAEd.
- Classes are offered both days and evenings. Some courses are available online.
- Your DD214 gives you up to 25 hours of college credit. Other military training and previous college credit may count toward degree requirements.
- **Post 9/11 Veterans:** BW is proud to be part of the Yellow Ribbon program. Your G.I. Bill benefits may make your BW education *tuition free!*

**Contact an admission counselor today!**  
Go to [bw.edu/military](http://bw.edu/military) or call 440-826-8012.

**BUSINESS EVENTS • FUNDRAISERS  
SHOWERS • BIRTHDAYS • & MORE!**  
*Golf simulators available for your event*



**BUNKER HILL GOLF COURSE  
& EVENT CENTER**

3060 Pearl Rd., Medina, Ohio 44256  
330-722-4174 • [BunkerHillGolf.com](http://BunkerHillGolf.com)

## LEGALWORKS

Low-cost legal services for Cleveland area residents

**helping vets remove the obstructions  
allowing to seek possibilities.**

**We focus on sealing criminal records and  
removing arrest warrants.**

LegalWorks helps by resolving the small legal issues that can hold people back from employment and personal fulfillment.

**LegalWorks is proud to assist  
Ohio's Vets get back on their feet**

Offices in several locations in Cleveland.  
Check out our Website: [www.LegalWorksNEO.org](http://www.LegalWorksNEO.org)

Still in the Ready Reserve, Karen Wirtz served as her husband's retirement official at a ceremony held at VFW Post 5137 in Medina in December 2014. (photo courtesy Aaron Wirtz)



The Wirtz family stands in front of a KC-135 aircraft at Joint Base Pearl Harbor-Hickam in July 2014 when Aaron Wirtz was stationed there. (photo courtesy Aaron Wirtz)



At Planted Flag Brewery, owners Aaron Wirtz and Karen Wirtz rely on ingredients produced in Ohio. (photo by Jerri Donohue)

## Air Force Veterans Open Brewery, Build Community in Medina

By Jerri Donohue

For Air Force veteran Karen Wirtz, “Planted Flag” signifies setting and reaching a goal, such as climbing a mountain. “That military vision of the flag being planted - it’s victory,” she explained.

Meanwhile, Aaron Wirtz sees a map festooned with flags marking locations where the couple lived during their military careers. In each place, they either made new friends or reconnected with old ones.

Both interpretations fit their brewery in Medina. “We’re planting a flag in Medina and we’ve built that community that we missed since leaving the military,” Aaron Wirtz said. “This business is the first opportunity I’ve had since retiring to feel that sense of belonging.” Aaron Wirtz, who grew up in Parma, graduated from the Air Force Academy in 1999. He then underwent pilot training at Laughlin AFB and Lackland AFB in Texas.

Karen Wirtz enlisted in 1998, attended the Defense Language Institute in Monterey, California and later served at Goodfellow Air Force Base in San Angelo, Texas. A Russian linguist, she left the service and enrolled in ROTC while attending college. The couple met at Lackland AFB when she was in the ROTC program there. They married in 2001 when both were stationed at Grand Forks Air Force Base.

Ten days after the terrorist attacks on September 11, 2001, Aaron

Wirtz deployed to Bahrain. He logged 2,000 combat hours flying KC-135 Stratotankers for air-to-air refueling. He was either deployed or training elsewhere for 220 days each year until 2005 when he transferred to Kadena Air Base on Okinawa as an aircraft commander. The couple’s first baby was only six weeks old. Because the Air Force was providing logistics support to the Army in Iraq, Karen Wirtz, a logistics readiness officer, realized both she and her husband would be deployed. Unwilling to leave their baby with grandparents, she opted to resign her commission but to stay in the Ready Reserve.

As it turned out, Aaron Wirtz had a short deployment to Qatar while stationed at Kadena Air Base. During most of the family’s three happy years there, however, he trained student pilots stationed in Japan and Korea. He continued to train pilots from 2008 to 2012 at Altus AFB in Oklahoma. The couple loved the military-friendly small town where they lived off base.

Their family grew by two more children in Oklahoma, and although they didn’t know it at that time, another life-changing event occurred when Karen gave her husband a home-brewing kit. The new hobby fascinated him.

Wirtz’s final assignment was at Joint Base Pearl Harbor - Hickam. He took early retirement in December 2014 with the rank of major. He had participated in Operation Iraqi Freedom, Operation Enduring

Freedom, and Operation Northern Watch, and spent time in Saudi Arabia, Qatar, Bahrain, the United Arab Emirates, Turkey and the Kyrgyz Republic.

Both of the Wirtzes had completed master degrees in education while living in Oklahoma. Aaron Wirtz subbed as a math and science teacher for two public school systems and taught chemistry for one year at Holy Name High School in Parma Heights. At the same time, he pursued his passion for brewing and eventually left teaching to become head brewer for the Jolly Scholar in University Circle.

Aaron Wirtz learned that a great-great grandfather had owned a brewery in Cleveland and by 2019, he wanted to open one, too. Construction on the sunny, airy building on Pearl Road in Medina began that August.

The grand opening, scheduled for March 16, 2020, was canceled when COVID-19 restrictions began. Too new to qualify for government assistance, the business survived for two months on carry-out orders and home-delivered beer. When their cooks quit, Karen Wirtz prepared the meals.

“The community kept us going,” Karen Wirtz said of those difficult days.

Their pandemic experience strengthened the couple’s commitment to use locally sourced products as much as possible. For example, they purchase beef and pork for

the kitchen from Destiny Farm in Medina, and they give the farm the brewery’s spent grain. Ohio farms also produce 98% of the corn, wheat and barley used in Planted Flag’s brews, and its hard cider is made from apples grown in Seville. Some hops come from farms in Auburn and Wadsworth and from the Pacific Northwest and Germany.

“Because of our German ancestry, we focus on German lagers,” Aaron Wirtz said. “Our best selling beer is a light lager.”

Today Planted Flag usually offers between 11 to 12 brews, some of which it sells to other bars and restaurants. The brewery also hosts “beer school” events. For more information, visit the website [www.plantedflag.com](http://www.plantedflag.com)



# Barberton VFW Erects Monument to Hometown Hero: Medal of Honor Winner Howard Woodford

By Christopher Johnston

Howard E. Woodford was born June 21, 1921 in Barberton, Ohio, and grew up with his family in a small home that still stands. This past Memorial Day, a new monument in his honor was unveiled in front of the Barberton city memorial at Lake Anna, dedicated to all citizens who served their country in wars. In World War II, Woodford fought valiantly, giving his life for his country.

The following account of his heroic actions is taken from The Naval History and Heritage Command website:

On 6 June 1945, near Tabio, Luzon, Philippines, Staff Sergeant Woodford, a battalion intelligence sergeant with the 130th Infantry, volunteered to investigate the delay in a scheduled attack by an attached guerilla battalion. The lead company, in combat for the first time, was immobilized by intense enemy mortar, machine gun, and rifle fire, which had caused casualties to key personnel. Sergeant Woodford, recognizing the situation, took command of the company, evacuated the wounded, reorganized the unit under fire, and prepared to attack. He repeatedly exposed himself to Japanese fire to reveal enemy positions. Guiding the guerillas up a barren hill and capturing the objective, Sergeant Woodford personally accounted for two hostile machine gunners. After organizing a perimeter defense for the night, Sergeant Woodford declined to return to his battalion.

Before dawn on 7 June, the enemy launched a fierce suicide attack. Though wounded by a grenade,

Sergeant Woodford remained at his post calling for mortar support until bullets knocked out his radio. Then, seizing a rifle, he began working his way around the perimeter, encouraging the men until he reached a weak spot where two guerillas had been killed. Filling the gap himself, he fought off the enemy.

At daybreak, he was found dead in his foxhole; but 37 enemy dead were found in and around his position. By his daring and determination to search out and kill the enemy, Sergeant Woodford led an inexperienced unit in capturing and holding a vital objective and was responsible for the successful continuance of a vitally important general advance. For his actions, Sergeant Woodford was posthumously awarded the Medal of Honor.

Of the seven men from Summit County who have received Medals of Honor, Woodford is the only one from Barberton. In a letter that General Omar Bradley, U.S. Army Chief of Staff, sent to Woodford's father and the families of other winners on October 22, 1948, he wrote of Howard Woodford: "As one of his fellow soldiers, may I tell you of my own great admiration for his heroic achievements."

"Everybody who is born in Barberton knows that we have a Medal of Honor winner, knows his name, but no one knows what he actually did or his branch of service or where he served," says Ernie Penko,

commander, VFW Post 1066 in Barberton. "So, I did some serious research, and I ended up finding his great niece, Patty Hooker who lives in Barberton, and she gave us a lot of information."

It took about ten years to raise the approximately \$27,000 required to build the 2-ton monument, which is made of granite and has a metal plaque on the back with Woodford's service story. A granite eagle from Italy tops the structure. According to Antal, the American Legion donated \$1,200, and many individuals gave donations of \$20 to \$100. "People in the community helped out a lot," he says.

The VFW held the dedication ceremony on Memorial Day this year.

Serendipitously, immediately after the National Anthem concluded, two fighter jets flew over the park on their way to another Memorial Day event.

"Everybody clapped and said, 'Wow, you guys really planned this well,'" recalls Dennis Antal, Penko's close friend who serves as the Senior Vice Commander at the VFW. "Ernie and I looked at each other like, 'We didn't plan that!' but it was perfect." Hooker, whose father moved to Barberton before she was even born because he wanted his children to attend the school that, at that time, was named for his uncle, says of the dedication service: "It is an honor to have that memorial for my great uncle. Ernie and Dennis are fantastic and really went to bat for Howard. I am ecstatic that his name is back out there because not

a lot of people know who he is in Barberton anymore. The monument is beautiful, too."

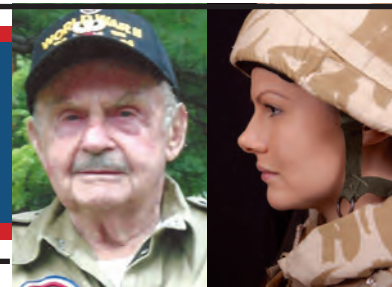
Barberton has other memorials to Woodford, including a plaque next to the Anna Lake war memorial and a sidewalk star in its downtown Walk of Fame near the movie theater. Although the elementary school that had been named for the Medal of Honor winner has been converted to a Head Start preschool program, the gymnasium at the new elementary school is named after him. A portion of State Route 619 between Lockwood Road and State Street in Barberton was named "Staff Sergeant Howard E. Woodford Medal of Honor Recipient Memorial Highway."

However, thanks to Penko, Antal and VFW Post 1066, Woodford finally has the elegant and stately monument prominently placed at the war memorial in the center of Barberton that he deserves. The other monument that Penko and Antal have had a sizeable hand in stands as their VFW Post 1066. When each of the Vietnam veterans returned to Barberton where they grew up together, they were not treated as the hometown heroes they are by the VFW.

"It was the early '70s, so the VFW was about 99% WWII veterans with a few Korean War vets," Penko explains. "They didn't want anything to do with the young Vietnam veterans. By the time they started dying off, they realized that they had to have us, so now we are running it." In Vietnam, Penko served in the Central Highlands with the Fourth Infantry Division 105th Artillery Battery from New Year's Day 1969 to New Year's Day 1970. Antal served in Charlie Company, 1st Battalion, 1st Marines mainly around



Sergeant Howard E. Woodford



Hill 881 in the Khe Sanh region from 1967 to 1968 where he was wounded in a firefight.

When he returned to Barberton, Penko married his high school sweetheart two weeks later, joined the Barberton Police Department and earned his degree in Criminal Justice at Kent State University in 1975. He retired after 27 years in 2000. Upon his return, Antal worked in the General Tire factory in Akron until it closed in 1982, and then worked for Akron Plating Co., Inc. making plated hospital equipment until he retired in 2001.

Before becoming post commander, Penko served as a member and then bar manager. The post had become run down and close to closing. Penko and Antal voted to keep it open, and then dove into rebuilding its membership. The business was going pretty well, until a massive fire

on May 23, 2020 gutted the central portion of the building. Trudging through the ashes and filth that clogged their office and the horrific stench from the smoke damage that forced them to clean their clothes and take long showers every night, the two vets reported for work every day to oversee the planning and reconstruction of the post.

“It took a year to rebuild it and open again, and we opened on St. Patrick’s Day 2021,” Antal says. “Everybody loved the new place. They didn’t recognize it because everything was brand new. We started having steak dinners and karaoke and bands, and people started to come back down.”

Today, the post counts more than 200 full-time members and between 400 and 500 social members who are not veterans but patronize the club and as members can play all of the

video games. The games are where the post makes its revenue that it uses for charitable donations. For example, they have donated wheelchairs and walkers to nursing homes, gave \$1,000 to a benefit in nearby Norton that helps children whose parents are dealing with chemical substance disorder, and recently gave a sizable donation to the burn unit at Akron Children’s Hospital.

“If people have a legitimate need and they come down and we can help them, that’s what we’re here for,” Penko says. “We also give money to veterans who need it to pay for gas, food or lodgings, for example, while their spouse is having an operation nearby. Veterans helping veterans.”

Ernie and his wife Gail just celebrated 52 years of marriage on August 15. Their oldest son is Greg, who lives in Bedford, OH, while Joe,

their middle son, lives in Manhattan, NY, and Chris, the youngest lives in Farmington Hills, Michigan.

Dennis’ wife’s name is Kathy, and they have one son, Dustin, who is a bartender in Las Vegas. When not managing the daily operations or special events for VFW Post 1066, the two enjoy fishing on Lake Erie or taking in a Cleveland Browns football game together and with their family and friends. Several times a year, the two also get together with their mates who they served with in Vietnam, sometimes all together, since they befriended each other’s service pals.

If you would like to dig into “the best steak you will ever eat,” Penko promises, sign up for their steak dinners the first Saturday of every month. To become a member or learn more, call (234) 706-2009. Ask for Dennis or Ernie.



At Woodford Monument Grand Opening



Woodford Monument



Dennis and Ernie



Dennis and wife Kathy



Monument Backside



Ernie and wife Gail



Ernie and Mrs. Patty Hooker

# Medina County Veterans Service Office

## We provide two basic services:

1. Temporary emergency financial assistance to eligible veterans and family members.
2. Help with applying to the Department of Veterans Affairs (VA) for benefits.

## Our services are FREE of charge!

## Examples of assistance we provide:

- Rent, mortgage payments, utilities
- Food and personal hygiene items
- Medical and dental expenses
- Transportation to and from VA Centers in Cleveland, Parma and Akron
- Free public transit on MCPT in Medina County
- County Veterans ID card
- Submission for awards records, decorations and medals

When you come into the Medina County Veterans Service Office you will be assisted by one of our knowledgeable associates. Everyone here has a compassionate understanding of the problems which confront veterans, widows, widowers, and their families.



210 Northland Dr. • Medina, Ohio 44256  
 (330) 722-9368  
[veterans@medinacountyveterans.org](mailto:veterans@medinacountyveterans.org)  
[www.medinacountyveterans.org](http://www.medinacountyveterans.org)



## COME FOR THE AIRCRAFT *Stay for the History*



Find us on @mapsairmuseum or [www.mapsairmuseum.org](http://www.mapsairmuseum.org)

Please check our Website or Facebook page for current hours.



### WALK-THROUGH TOURS: (No Reservation Required)

Adults - \$15 • Children (Ages 6-12) - \$8 • Children under 6 - Free

Discounts for Veterans, Active Duty Personnel and Seniors.

Group discount available for 15 or more with prearranged reservation.

Just 3 Miles off Interstate 77

Just 9 minutes from the Pro Football Hall of Fame

MAPS Air Museum is located on the west side of the Akron Canton Airport in the CAK International Business Park 2260 International Parkway (at the very end) off Massillon Rd. City of Green

Gift Shop • Free Parking • Handicapped Accessible  
 Over 50 Aircraft on site • 2 Museum Galleries with over 130 displays

**MAPS**  
**AIR MUSEUM**  
 Where History Takes Flight!

330.896.6332



**I WANT YOU**  
**TO INCREASE YOUR BUSINESS!**  
 Call me to allow us to help!



Donald C. Stark, Publisher / Sales Manager  
 (216) 323-4699 [donaldstark408@gmail.com](mailto:donaldstark408@gmail.com)

**DD214 Chronicle Veteran Owned and Operated**



# CAFFE' ROMA

*Italian Restaurant & Wine Bar*

Monday to Thursday- 4-9 p.m.  
Friday & Saturday - 4-10 p.m.  
Closed Sundays  
13000 Lorain Avenue • Cleveland, Ohio  
(216) 889-9999

**SAUSAGE AND PEPPERS**

Delizioso!

**GNOCCHI**

Molto Bravo!

**PRICES ARE RIGHT**

I Prezzi Sono Giusto!

**YOU WILL COME BACK**

Tornerai!



NORTHEAST OHIO  
FOUNDATION for  
Patriotism

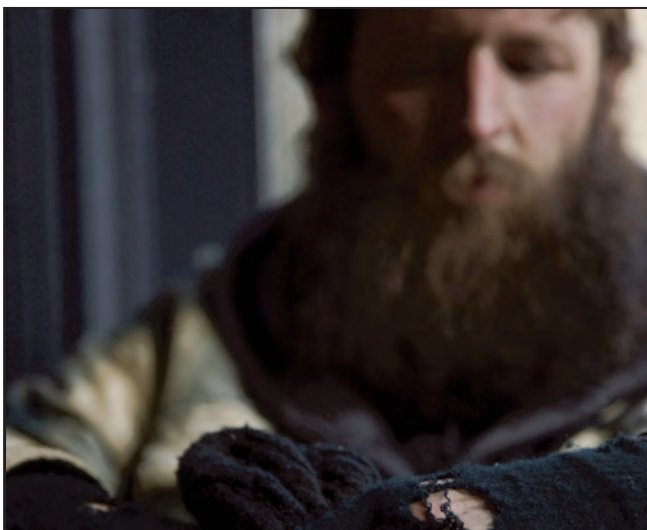
A DECADE OF  
EXCELLENCE

They gave us freedom.

**GIVE THEM  
SUPPORT.**

**Donate at neopat.org**

The Northeast Ohio Foundation for Patriotism | 888-636-7281 | [www.neopat.org](http://www.neopat.org)



**He served his country with honor,  
now he needs your help.**

Community Service Alliance serves northern Ohio veterans emerging from homelessness. These veterans need our support.

This holiday season, help a veteran by donating to Community Service Alliance. Your gift is 100% tax deductible.

**No veteran should be homeless.**

Community Service Alliance  
Fulton House  
3387 Fulton Road  
Cleveland, OH 44109  
216.351.0655

For more information or to donate online, you can visit [comservealliance.org](http://comservealliance.org)



# Thanks FOR YOUR CONTINUOUS GENEROUS SUPPORT!

Please join us anytime  
For a Walk or a Drive-Thru

We are open for your visit everyday of the year  
All Day and Night Long

8005 Cleveland Massillon Road • Clinton, Ohio 44126  
(330) 529-4001 • ovmp.org



Photos: courtesy of  
Steve Wallis/Steve's My Dream Photo



Wall shot unadorned

# Dedication of Ohio Korean War KIA Memorial

By JC Sullivan

Who called it the “The Forgotten War?” I don’t know who did but judging from those young and not so young in attendance at the Ohio Veterans Memorial Park (ovmp.org) in Clinton, none of them have forgotten it. And I know I can speak for any American veteran or active duty serviceman or servicewoman.

The 125 foot walk around wall of polished, black granite was originally dedicated in May, 2009 with the 3,095 names of our fellow Ohioans who lost their lives during the Vietnam War. That was the beginning of the Ohio Veterans Memorial Park.

Since then, the names have been added of all Ohioans who have given their lives during the War on Terror and the 1982 Beirut Bombing. On this special day of 23 July 2022, the names of our 1,822 Ohio Korean War heroes who lost their lives have now been engraved in remembrance.

The ceremonies kicked off with a piano performance by the lovely Korean American Eun Young Lee (pianisteunyoung.com) who honored our Korean War Veterans with a recital. She has performed in many venues, to include New York’s Carnegie Hall.

Gary Kindig, Vietnam and President of OVMP, welcomed everyone to the Veterans Park. He is a Purple Heart and Bronze Star recipient.

The Moonlight Serenaders Band provided period music throughout the day. Accompanying them were the close harmonies of the ‘Serenaders Sisters’, sounding and looking as if they just stepped out from the WWII years.

Adding to the color of the event were WWII uniformed volunteers from the US Coast Guard & Boy Scouts of America who presented the colors. The WWII reenactors dressed in the uniforms of WWII made an impression on all of us, adding another



Max Bowers

dimension to matters. But the event today was to remember those lost in the Korean War and all who survived it and

to honor those who were present today. They witnessed the unveiling of the Korean Veterans Memorial Wall, which is on the adverse side of the wall.



Panoramic shot of park & monument

Bob McCullough asked all Korean War veterans to arise and then, as the music of each branch of service was played, all the veterans present from the branches of our military stood to be recognized

Our own DD214 Chronicle publisher Don Stark introduced guest speakers George Theodore, USAF Korean War Era and

Dr. Frank Thomas, U.S. Army Korean veteran. Dr. Thomas spoke about two of his personal heroes from that war.

The late John Stiles, 45th Inf. Division, took 28 rounds from the enemy. Surgery removed only 4 of them. He carried 24 rounds in his body until he passed away relatively recently.

Dr. Thomas told us of Max Bowers, who was with us this day. During Operation ‘Sandy Ridge’ his unit was ordered back off the hill. On the way down he saw two wounded soldiers that weren’t able to move. Max went back up for them and, under fire, carried the first one down on his back. He then went back up and carried the second soldier

down. For this action he received the Silver Star, our nation’s third third-highest award for bravery.

The park is open 24 hours a day and 365 days a year; it is never closed to the public and everyone is welcome to visit and pay homage to our war veterans.

The park is made up of several monuments dedicated to preserving the memories of our Heroes. It is the longest free-standing Veterans Memorial Wall in the nation.

In addition to the wall visitors will see:

[goo.gl/Bi16FodoVSFa9Dv3A](https://goo.gl/Bi16FodoVSFa9Dv3A)

The Ohio Veterans’ Memorial Park is funded solely by private donations. Please consider donating by visiting <https://www.ovmp.org/donate.htm> or visit [www.ovmp.org](http://www.ovmp.org) for other ways to donate (memorial pavers et al).

On a personal note, whenever I have visited American Military Cemeteries, here and overseas, I have always looked for Sullivans, including Hollywood Cemetery, Richmond, VA., where heroes of the Confederacy are resting. On the new Korean Wall this day I noted the name of James D. Sullivan

After I left the park that day my memory brought back another Sullivan, Cleveland Jim, who was a buddy during Basic Training at Fort Knox in 1963. At the time he told me his father had been killed in Korea. The family later apparently learned it occurred when his rifle jammed. I had completely forgotten our conversation until seeing his father’s name on the Wall.

Sullivan is a U.S. Army veteran of the 2nd Armored



Unveiling the wall

- POW/MIA Reflecting Pond/Eternal Flame
- Cobra AH-1F Helicopter
- M69 Patton Tank
- Statues of a Gold Star Mother and the only known Gold Star Father
- Family of Heroes Hall

Not to be forgotten was photographer Steve Wallis who said “Regardless of weather, I think the dedication went very well today, and I do believe that the veterans were happy with the service and the respect that was given. Thank you all for your efforts and for allowing me to document the occasion.” His spread of amazing photos can be viewed at <https://photos.app>.

James K. Jarvis and Bob Smith enjoying ice cream cones



Richard P. Thelen S2C  
USS Indianapolis  
(CA-35)



Richard P. Thelen



Barb Smith (author) and James K. Jarvis (AM3) enjoy water per the story

## Homage of the Heart To the 316 Survivors of USS INDIANAPOLIS (CA-35)

By Barb Smith

Sunday morning, at the conclusion of the prayer ceremony of the fourth day of annual USS Indianapolis Reunion, we drove from the Hyatt to the east bank of the Central Canal, to reunite with lost at sea families, survivors with their families, dignitaries, and other friends of the crew members at the black granite USS Indianapolis Memorial. Installed in 1995, it is the climax of a 50-year dream by the crew members who survived the sinking of the cruiser USS Indianapolis in 1945. (Visit Indy.) At the conclusion of the wreath laying ceremony, we bid adieu to our friends.

I buckled my seat belt for our five-hour drive home. "Bob what can I do to have a better understanding as to what these survivors went through!" July 16, 1945, the USS Indianapolis sails for her last time under the Golden Gate Bridge, destined to help bring an end to WWII. (USS Indianapolis CA-35, artist, Tom Stahl, Little Hocking, Ohio)

On July 26, 1945, The USS Indy completed its secret mission of delivering the components of the Hiroshima bomb, "Little Boy" to the island of Tinian. Indy's crew speculated as to the guarded contents. "Maybe its 50,000 rolls of scented toilet paper for General Douglas MacArthur." (Las Vegas Sun, 2/8/02) More than 900 of the crew would never learn that they changed the course of history.

After leaving Tinian, the Indianapolis sailed to the U.S. military's Pacific headquarters at Guam and was given orders to meet the battleship USS Idaho at Leyte Gulf in the Philippines to prepare for the invasion of Japan. (history.com-uss-indianapolis)

We stopped at Lorenzo's in Oberlin, before driving the last few miles

home. A forkful of chicken parm to his lips, I yelled, "Bob!" "I got it! I know what I can do!" Before he finished swallowing, I exclaimed, "I'm going to give up all food and all drink, including water, for five days and five nights!" After four days and five nights, the survivors were finally sighted by a US Navy aircraft on routine patrol. (WWII Museum- Surviving the Sinking of the USS Indianapolis)

"Huh? When are you going to try to attempt this?" "Starting, at midnight... TONIGHT!" At 0015 on July 30, the heavy cruiser was struck by two Japanese

torpedoes fired from the submarine I-58. (WWII Museum- Surviving the Sinking of the USS Indianapolis) We boxed the leftover double pepperoni pizza. Moments later, I set the pizza box on the kitchen counter, and looked up. 10pm. "OK. Two hours to go." "You're really going to try this?" "Yes, I must!" By 11:30pm, I had finished my sixth glass of water and ate one more slice of pizza. At midnight, I slid the scale back under the kitchen counter, and jotted down my pre-challenge weight. "Good luck!" "Thanks, Bob!" Within 12 minutes, the USS Indianapolis had sunk taking more than 300 trapped inside her, with 900 more tossed into the South Pacific.

2 am. I awoke. "I'm so thirsty! Oh No! The pepperoni! Dear God, it's going to be a long five days and nights. How DID those boys survive?" "That first morning, we had sharks." (Survivor, Edgar Harrell, author of:

Out of the Depths)

Monday, 6:30 am. I stared at the faucet, my toothbrush, and the Ultrabrite. I cannot brush my teeth! They didn't have fresh water. I reached for the toilet paper and wiped my teeth. Later that morning, I rationalized, "The survivors were immersed in (salt) water for up to five days, so taking daily showers will be OK." I strategized, "regulate the water, back into the shower stall with my lips pressed together, and stand with my back to the shower head to prevent accidental intake of water. Reach behind to turn off the faucet, then quickly dab the towel first onto my still pressed lips."

It seems that once I had committed to this challenge, I could not keep these young men out of my mind. In the shower, salty tears came to my eyes as I stared at my toes, imagining bloody water draining away, the boys watching as sharks would bump up against them, or leave just the torso of their buddy, bobbing, attracting more sharks.

Towel dry, I pictured the burnt, peeling skin of the early survivors from the explosion and bunker oil glued to their skin.

Tuesday, much like the day before, I prepared meals for Bob, with no temptation of eating, Not drinking had already become routine. I was doing it for myself and for the boys. I lay in my kiddie pool and looked up into the bright sun.

Paul McGinnis, Signalmen Third Class: While I was completely coherent, this was my thought: Keep struggling

and stay alive. It was very miserable because of the sun burning the skin, one could not escape it. It was like having your head in a hole in the middle of a mirror, with all this sunlight being reflected and burning your face. So hot, it was miserable—like hell. You couldn't wait for the sun to go down. When the sun went down it was a relief. Then it would get cold and you would start to shiver, and you couldn't wait for the sun to come back up. (YouTube: Bob Welsh recites his ten-minute poem, Sleep Well You Men of Indy's Crew, and introduces Paul McGinnis at the conclusion.)

Wednesday: While pulling weeds for a few minutes in the hot sun, I looked up at the plane overhead, imagining the dehydrated, hallucinating sailors and marines, enlistees and officers, including, Captain Charles McVay, doing the same, hoping that THIS time, on day THREE, they had been spotted and that help was on the way!

Drinking seawater is fatal. The boys would imagine that the gedunk was just below, or that an oasis was nearby. They would swim away and never be seen again. I thought of Mr. Jarvis, and how we so enjoyed driving to Uniontown, taking him for his favorite lunch of chicken livers, then drive to his local ice cream shop for a cone of caramel praline, his favorite, and Bob's! "Oh my head hurts! Oh, yeah, suffer. No ibuprofen." But I could leave the sun.

I sucked on a dry washcloth trying to moisten my mouth and lips. The washcloth became my friend as I had it with me as I picked up photos at Walmart. I was speaking more slowly. Huh? Dry mouth? Foggy brain? I pulled out of the parking lot onto route 20. Whoa!



Barb's shirt signed by many of the USS Indianapolis

That car was much closer than I thought. I sped along. Whew!

Thursday: The Fourth Day: Edgar Harrell- Sometimes you pray, and *SOMETIMES, YOU PRAY!* By divine providence the oil slick and bobbing heads stretching 75 square miles was spotted by their Angel of the Sky, US Navy Lt Chuck Gwinn aboard his PV1 Ventura bomber. Within hours, US Navy LCDR Adrian Marks, their Angel of the Water, would rescue 56 of the 316 survivors aboard and on the wings of his PBY Catalina. Within the next 24 hours, seven rescue ships would pull the precious waterlogged cargo from the sea.

"I just might make it! Bob, let's celebrate my first drink of water tomorrow at midnight at Lake Erie!" He smiled. "Great!" I started planning what to pack for the celebration: nautical beach towels, a US Marine spinner, glass tumblers with etched anchors, etc.

1 pm- I needed to mow! I drove to the gas station. As I filled the two gas cans, I imagined the boys before the War, back home on their farms, white t shirts and overalls, filling their Case tractors, plowing dad's fields, mom in the kitchen baking their favorite fruit pies.

Later that evening, my brother-in-law called and asked if we could join my sister and him at the Rusty Nail, in Columbus, on Saturday. What a perfect way to celebrate the end of my challenge, I thought. I quickly checked out the online menu. The first image I saw was a root beer float!

Friday: The Fifth Day  
When I look at Lake Michigan each July, I imagine the men of the Indianapolis visible on the horizon; dark heads, struggling arms, a cry and whirl of a world being remade. I feel an overwhelming sense of sadness, accompanied by a desire to yell out that they will be rescued.— Doug Stanton, author, *In Harm's Way*  
The survivors are being rescued!  
Let's celebrate!

Walmart- I enjoyed the walk through the soda aisle and grabbed a 12 pack of root beer. Next, the ice cream aisle- I opened the freezer door and opted for the family size tub of vanilla.

2 pm I gassed up the Honda for our trips to Vermilion and to Columbus. I drove to the car wash. I studied the last few drops of rinse water from the wand. Tempting.

5 pm I relaxed on the chaise for an hour, the radio set to WJR-Detroit. "Absopure bottled water, sparkling,

refreshing, delicious, from Plymouth, MI." I laughed!

11pm- We reached Vermilion Beach and parked. Under the dim light, loaded with mementos, we walked towards the shore. No reporter from the local newspapers showed up. We anchored and displayed our keepsakes in the sand. Bob poured two glasses of ice cold water from the Folger's plastic tub.

The cool glass in my hand, and the sounds of water lapping the shore, "Our boys are being taken care of now, Bob." "Yes, they are!" We faced Lake Erie, and sang in harmony, the Navy and Marines verses of, *Eternal Father*. We toasted the entire 1196 crew of the USS Indianapolis and each other.

Midnight! I guzzled. Memories of my mother comforting my seven-year-old self in Germany, came flooding back, as the doctor holding a silver can had just sprayed liquid nitrogen onto the cluster of warts at the base of my tiny right thumb. "Ouch! That burned my (thumb) throat!" "Don't drink so fast!" I drank more slowly.

We took a couple photos, grabbed everything and loaded the Honda. I had set the Folger's tub on the hood and watched helplessly as it slid off, the precious remaining coffee-flavored water, moistening the dry sand under foot. By 1 am I was enjoying a root

beer float! I had lost 14lbs!

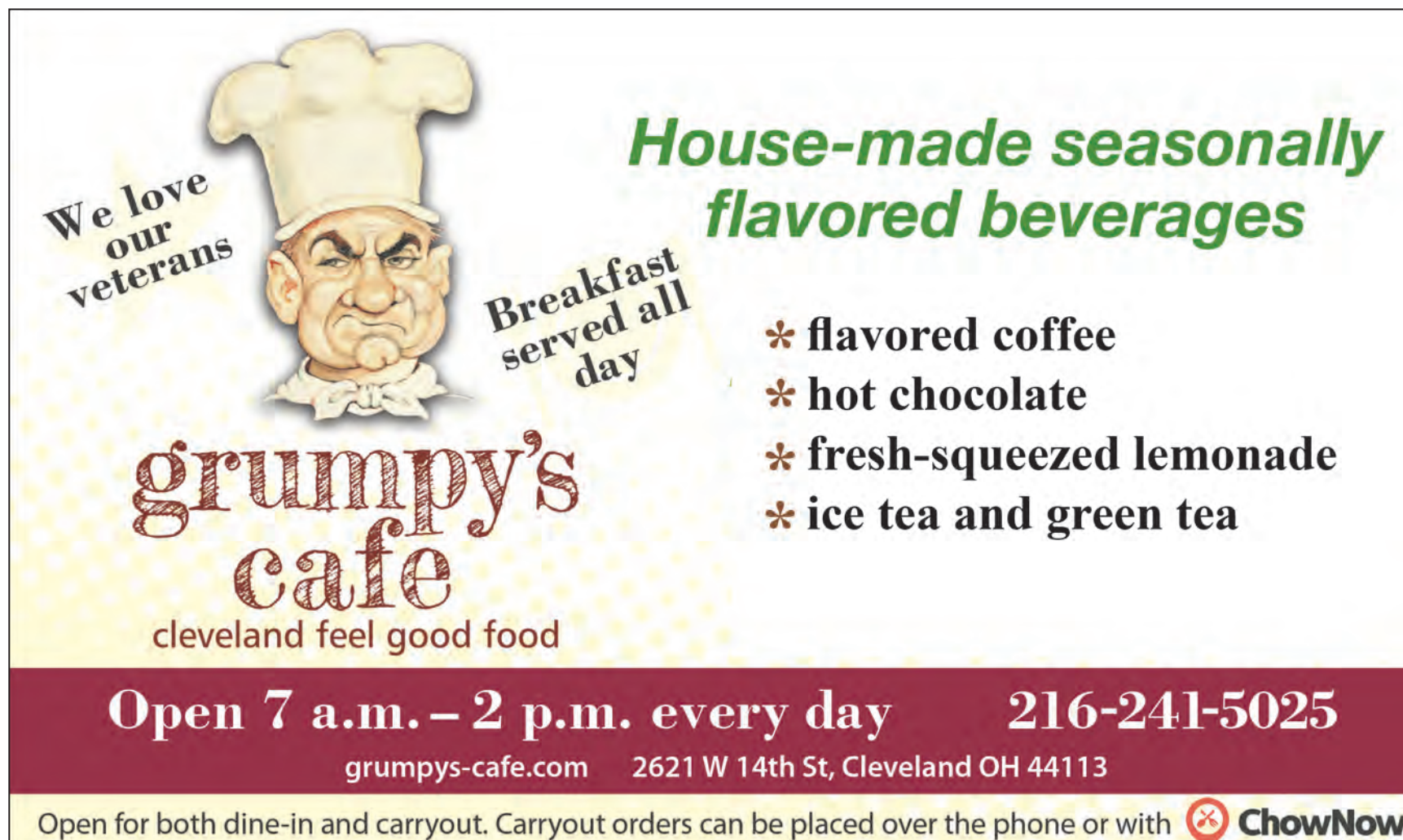
Saturday- It was so great reuniting with my sister, Patti and relaying my story.

Monday- I was sharing a glass of water with Mr. Jarvis. I told him about my previous week. "You shouldn't have done that!"

Sept. 2015- Our cherished visit to the home of survivor Dick Thelen, of Lansing Mi- He said that he had never watched that film *Jaws*, nor the *Titanic* either. Son, Dave- "Dad never talked about it. I ran into the house after watching the film *JAWS*. Mom wasn't that the ship Dad was on?" "Ask your dad."

On 9/11, 2022, 1-6 pm, Building Dedication VFW Post 701 in Lansing, Michigan: USS Indianapolis survivor, Richard P. Thelen Join us, won't you? Perhaps the remaining two of the 316 survivors, Harold Bray of CA. and Cleatus Lebow, of TX. will be in attendance!

I stepped away from writing this article to gargle with salt water to ease the pain of my sore throat. Moments into my gurgling of the gargle, I looked into the mirror with giant eyes! "I could have gargled with salt water during my fast! Nah, that would have been cheating!"



**We love our veterans**

**Breakfast served all day**

**grumpy's cafe**  
cleveland feel good food

**House-made seasonally flavored beverages**

- \* flavored coffee
- \* hot chocolate
- \* fresh-squeezed lemonade
- \* ice tea and green tea

**Open 7 a.m. – 2 p.m. every day**      **216-241-5025**  
grumpys-cafe.com      2621 W 14th St, Cleveland OH 44113

Open for both dine-in and carryout. Carryout orders can be placed over the phone or with  **ChowNow**



## Freedom House Transitional Housing Veterans - Portage County

Freedom House renovations are almost complete – Freedom House has served us well over the past 15 years, but the space did not meet the number of emerging needs we are experiencing – specifically accommodating women veterans, creating safer spaces for physical distancing and COVID mandates for all veterans served. Thanks to funding provided from the VA and the community FCS has been able to take on renovations at Freedom House, creating individual bedrooms/bathrooms for each veteran. These improvements will help us meet the two major needs of women veterans: 1. Safe, transitional housing to reside in while searching for permanent housing 2. Programming that targets the specific needs of homeless women veterans and their children.



### Donor Tree of Life Sponsorship Levels

Freedom House has three levels of giving that will be recognized on our **Donor Tree of Life**, which will be displayed in the main living area. All donations will be used toward the capital campaign to help us reach our fundraising goal of \$125,000.

Contact Matt Slater, Director Veteran Services at [m Slater@fcsserves.org](mailto:m Slater@fcsserves.org) or 330-687-8136



**BRAVO COMPANY**  
THE STORE FOR VETERANS  
*Gift items for our American Heroes.  
Veteran owned and operated.*  
HARTVILLE MARKETPLACE.



**Chris Parsons**  
Master Sergeant  
USMC, Retired  
Realtor, ABR,  
RENE, CNHS

Military Relocation Professional  
**330-861-3529**  
[www.SellWithChrisParsons.com](http://www.SellWithChrisParsons.com)

After 20 years of service to the United States, I am now at your service for all of your real estate needs.

**Howard Hanna**

PROUD SUPPORTER OF OUR MILITARY

THE VETERANS ADVOCACY & BENEFITS ASSOCIATION (VABA)

MEMBER 2021




14133 Detroit Avenue  
Lakewood, Ohio 44107  
216-226-5356

25620 Center Ridge Rd.  
Westlake, Ohio 44145  
440-899-5356

**McGorray-Hanna**  
Funeral Homes [www.mcgorray-hanna.com](http://www.mcgorray-hanna.com)  
Fax: 216-226-5359

**We Love Our Veterans**

MARY SUSAN MCGORRAY  
email: [mary@mcgorray-hanna.com](mailto:mary@mcgorray-hanna.com)

# VETS! YOUR HELP IS NEEDED!



*Dick Clough & Friends*  
TOUR OF GOOD CHEER

**Celebrating 38 Years  
1984 – 2022**

Once again, this December,  
Vietnam Veteran,  
Dick Clough,  
and friends will bring Christmas  
to 1,200+ inner-city kids,  
and life-challenged adults including  
veterans, and families.

The Tour partners with PAL  
(Police Athletic League)  
and DD214

Please consider  
making a tax-deductible contribution  
to support a great cause.

Please make check payable  
PAL / TOUR OF GOOD CHEER  
and remit c/o – Dick Clough  
12505 Edgewater Drive, Suite 105  
Lakewood, OH 44107

More information  
cloughcleveland@gmail.com

**THANK YOU!**



- \* Potting Soil
- \* Feathermeal - "Our Cure for Deer!"
- \* Mums, Fall Bulbs, and Celosia for Fall
- \* Bulk Top Soil, Mulch,
- \* Gravel, & Sweet Peet
- \* Quality Bulk Grass
- \* Seed & Straw
- \* Great Selection of Shrubs & Trees, Corn Stalks, Pumpkins & Gourds
- \* Firewood for your Summer Campfires
- \* Gift Certificates!

*We Honor Our Veterans!*  
**Veterans – Mention  
this ad and receive a  
Veteran Discount!**

We are following CDC  
guidelines with an open  
air atmosphere & plenty  
of space!

Call ahead, curb side  
service, pickup available.

*Sincere Personal Attention  
and Advice you can Trust from  
Experts who Grow their Own!*

19201 Puritas Ave., Cleveland, OH 44135  
[www.puritasnursery.com](http://www.puritasnursery.com)

**216-267-5350**

**Open Monday-Saturday 9am-6pm • Sunday 9am-5pm**



**I WANT YOU**  
**TO INCREASE YOUR BUSINESS!**  
**Call me to allow us to help!**



**Donald C. Stark**, Publisher / Sales Manager  
(216) 323-4699 donaldstark408@gmail.com

**DD214 Chronicle Veteran Owned and Operated**

# 2022 NEOPAT FREEDOM WALKS



**Host your own Freedom Walk Fundraiser to support our nation's heroes!**

FREEDOM WALKS are designed to allow you to create a team of walkers that will walk in honor of your story. Whether you are walking in memory of a hero, are a current veteran, have a veteran in your family, or are a patriot wanting to give back to the men and women that sacrifice for our freedoms, FREEDOM WALKS will bring your community together. Every dollar raised helps support and honor military families in Northeast Ohio.

Fun, healthy activity for all ages! No registration fee!  
**Raise \$50 minimum for a commemorative T-shirt!**

**Register Today! [WWW.NEOPAT.ORG/FREEDOMWALKS](http://WWW.NEOPAT.ORG/FREEDOMWALKS)**



## VETERAN PROGRAMS

Family & Community Services, Inc.



**The Samuel A. Felton, Jr. Valor Home of Lorain County** Transitional Housing Program for homeless male veterans and their families. Center for all local veterans and families. Contact: 440-387-4293. Facebook: Valor-Home-Lorain-County.



**The Harry Donovan Jr. Valor Home of Summit County** Transitional housing program for homeless male veterans. Contact: 330-773-7000. Facebook: Harry Donovan Jr. Valor Home of Summit County.



**Veteran's Haven of Warren and Youngstown Counties** goal is to promote housing stability, to male and female veterans and their families. Through transitional housing for male veterans, Transition-In-Place housing for veteran families and a Service center which is open to all veterans in the community. Contact: 330-409-9139. Facebook: Veteran's Haven.



**Freedom House of Portage County** Transitional housing program for all single veterans. Contact: 330-673-0705. Facebook: Freedom House



**Supportive Services for Veteran Families (SSVF)**, provides services to low-income veterans and families in order to assist in stabilizing housing. Available to those living in Lorain, Ashtabula, Stark, Medina, Summit,



**Honor Home of Stark County** Transitional housing facility for homeless single male veterans and women veterans with children. Support is provided via the Advisory Committee. Contact: 330-631-3075. Facebook: Honor Home.

Portage, Geauga, Trumbull and Mahoning counties. Veterans experiencing COVID-19 housing emergencies call 855-234-7310 or email [ssvf@fcssohio.org](mailto:ssvf@fcssohio.org)

**More information at Family & Community Services, Inc., <https://fcsserves.org/> or 330-676-3069**

1/2 page



# Dear Veterans,

Author Unknown

Those of us who have not served  
will never fully understand  
the sacrifices you've made  
both in times of peace and of war.

We will never fully understand  
what you were required to do  
or how you were able to do it.

We will never fully understand  
the depth of your scars.

But what we can offer you is this:

We see you.

We recognize your humanity.

And we send you love that is gentle, patient and healing.

With Blessings and Gratitude,

we ask that you remember you are loved.

# pain

Diana P Congdon APRN

War never leaves the Soldier

It's branded in the Psyche

Music, sights, sounds, smells, news

Trigger sensations, Trigger images, and instantly

War is alive again

Haunting the daylight, Haunting the dream world

The fatigues, the boot, the helmet

They're in place again

But they're invisible and beyond comprehension  
for those who weren't there

The wounds never left. They never healed.

War never leaves the Soldier

## • Resources For Veterans •

**Reconciling Your Service** - With the news of Afghanistan this August, listen to the Senior Enlisted Advisor to the Chairman talk about how Afghanistan Vets can reconcile their service: <https://blogs.va.gov/VAntage/92631/afghanistan-how-veterans-can-reconcile-service/>

**Stories of Help** - Hear how these Veterans reached out for support to help address a mental health concern. If you're thinking about getting help, it's time to learn about the many services and programs available through VA. It's never too late to get the help you deserve. <https://youtu.be/baCPRpEcVM>

- Social withdrawal and isolation can have negative effects on a Veteran's life. Hear Veterans describe how they found support and coping tools to help overcome feelings of isolation. <https://youtu.be/-K9whgraAqk>

- The news of Afghanistan can trigger a complicated wave of emotions. Read how Veterans can get help through Vet Centers, learning from Vietnam Veterans. <https://blogs.va.gov/VAntage/92731/afghanistan-how-veterans-can-learn-from-vietnam-veterans/>

**Veterans Crisis Line** - If you are having thoughts of suicide, call 1-800-273-8255, then PRESS 1 or visit [veteranscrisisline.net](http://veteranscrisisline.net)

- For emergency mental health care, you can also go directly to your local VA medical center 24/7 regardless of your discharge status or enrollment in other VA health care.

**PTSD Treatment Works** - PTSD: National Center for PTSD ([va.gov](http://va.gov))

**Vet Centers** - Discuss how you feel with other Veterans in these community-based counseling centers. **70% of Vet Center staff are Veterans.** Call 1-877-927-8387

**VA Mental Health Services Guide** - This guide will help you sign up and access mental health services. [va.gov/files/2020-11/mental-health-quick-start-guide.pdf](http://va.gov/files/2020-11/mental-health-quick-start-guide.pdf)

**MakeTheConnection.net** - information, resources, and Veteran to Veteran videos for challenging life events and experiences with mental health issues.

**RallyPoint** - Talk to other Veterans online. Discuss: What are your feelings as the Taliban reclaim Afghanistan after 20 years of US involvement? [rallypoint.com](http://rallypoint.com)

**Download VA's self-help apps** - Tools to help deal with common reactions like, stress, sadness, and anxiety. You can also track your symptoms over time. [ptsd.va.gov/appvid/mobile](http://ptsd.va.gov/appvid/mobile)

**Tragedy Assistance Program for Survivors (TAPS)** - Request a Peer Mentor [taps.org/requestapeermentor](http://taps.org/requestapeermentor)

**VA Women Veterans Call Center** - Call or text 1-855-829-6636 (M-F 8AM - 10PM & SAT 8AM - 6:30PM ET)

**VA Caregiver Support Line** - Call 1-855-260-3274 (M-F 8AM - 10PM & SAT 8AM - 5PM ET)

**Together We Served** - Find your battle buddies through unit pages [blogs.va.gov/VAntage/73552/together-served-provides-virtual-base-connecting-veterans](https://blogs.va.gov/VAntage/73552/together-served-provides-virtual-base-connecting-veterans)

**George W. Bush Institute** - Need help or want to talk? Call: 1-630-522-4904 or email: [checkin@veteranwellnessalliance.org](mailto:checkin@veteranwellnessalliance.org)

**Elizabeth Dole Foundation Hidden Heroes** - Join the Community hiddenheroes.org

**American Red Cross Military Veteran Caregiver Network** - Peer Support and Mentoring [redcross.org/get-help/military-families/services-for-veterans/military-veteran-caregiver-network.html](http://redcross.org/get-help/military-families/services-for-veterans/military-veteran-caregiver-network.html)

**Team Red, White & Blue** - Hundreds of events weekly. Find a chapter in your area. [teamrwb.org](http://teamrwb.org)

**Student Veterans of America** - Find a campus chapter to connect with. [studentveterans.org](http://studentveterans.org)

**Team Rubicon** - Find a local support squad. [teamrubiconusa.org/support-squad](http://teamrubiconusa.org/support-squad)



**“I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one Nation under God, indivisible, with liberty and justice for all.”**

**FLAG DISPLAY DATES**

January 1	<b>New Years Day</b>
January	<b>Martin L. King, Jr. Birthday</b>
January 20	<b>Inauguration Day</b>
February 12	<b>Lincoln’s Birthday</b>
February 22	<b>Washington’s Birthday</b>
March 1	<b>Ohio admitted to Union</b>
April 6	<b>U.S. Army Day</b>
May 15	<b>Peace Officer Day**</b>
May 30	<b>Memorial Day*</b>
June 14	<b>Flag Day</b>
July 4	<b>Independence Day</b>
July 27	<b>Korean War Armistice**</b>
September	<b>Labor Day</b>
September 11	<b>Patriots Day**</b>
September 17	<b>Citizenship Day</b>
October	<b>National Fallen Firefighters*</b>
October 12	<b>Columbus Day</b>
October 27	<b>U.S. Navy Day</b>
November	<b>Election Day</b>
November 10	<b>U.S. Marine Corps Day</b>
November 11	<b>Veterans Day</b>
December 7	<b>Pearl Harbor Day**</b>

\* Flag at half-staff until noon  
 \*\* Sunrise to Sunset

-- PROUD TO BE AN AMERICAN --

Card Courtesy of the  
 Joint Veterans Council of Cuyahoga County



**FLAG ETIQUETTE**

- Our Flag is customarily displayed outdoors from sunrise to sunset, otherwise the Flag should be well lit.
- No objects should be placed on or over the Flag. The Flag should not be used as a decoration or as a part of a costume or athletic uniform. Other guidelines apply for printing.
- When displayed against a wall, vertically or horizontally, the Flag’s Union [stars] should be uppermost, and to the observer’s left.
- When displayed from a staff in a church or auditorium, the American Flag should hold the position of most prominence, in front of the audience and in the position of honor to the right of the speaker as that person faces the audience. Any other flags should be placed at the left of the speaker.
- When Flown with other flags, the American Flag should always be highest and in front of other flags. It should be hoisted first [before other flags] and lowered last.
- When in a procession or parade, the American Flag should be on the marching right, or centered in front of all other flags.
- When the Flag covers a casket, the Union should cover the head and left shoulder of the deceased and not be lowered into the grave.
- In times of official mourning, first raise the Flag to full height, then lower it to half-staff.
- To lower the Flag, first raise to full height, then lower it.
- The Flag is never allowed to touch the ground. If it touches, do not destroy unless damaged. Dispose with reverence. Boy Scouts and Veterans’ organizations provide that service.

-----  
 This information is a summary of the  
 “Flag Code” from 36 U.S.C. 171-178



# Arrow International / Lancaster Bingo Company Ohio Electronic Instant Bingo Pricing

**65%** of revenue to Veteran & Fraternal Organization  
**35%** of revenue to Arrow/LBC


**PLUS: COMMITMENT CREDIT**

**\$5,000 credit per cabinet with 4-year contract**

*Limited time offer available through Oct. 31, 2022. Revenue split is for the life of the contract. Additional information and program specifics will be forthcoming. Credits must be used within the first 12 months.*

**All brand NEW 43-inch Arrow/LBC E-Bingo cabinets and chairs!  
Most sought after player-favorite content in Ohio!  
MADE IN OHIO!**

**CONTACT YOUR LBC OR ARROW ACCOUNT REPRESENTATIVES  
[ohio@arrowinternational.com](mailto:ohio@arrowinternational.com)**



**Jumbotron Cabinet**  
[youtu.be/2bUregPUTAY](https://youtu.be/2bUregPUTAY)

**E-Bingo Games**  
[youtu.be/AaJmrx7I\\_Wc](https://youtu.be/AaJmrx7I_Wc)

**E-Bingo - LBC Website**  
[tinyurl.com/54dswj6h](https://tinyurl.com/54dswj6h)

**E-Bingo - Arrow Website**  
[ebingoohio.com](https://ebingoohio.com)

NOTE: This is not an offer for sale. This information is intended to provide education of Arrow's products and future pricing.



He won't forget his  
family when he deploys.  
**And neither will we.**

**Veterans who work at Dominion Energy are in good company: 1 in 5 new hires has served in the military.** And should they be deployed while on the job, we'll proudly continue their family's benefits for up to five years and cover the difference between their current salary and military pay. **Because family watches out for family, and they'll always be a part of ours.**



Actions Speak Louder